



From Fearful Management to Empowered Leadership

To be an empowered leader means to lead with integrity, accountability, confidence, and humility. Instead of operating from a scarcity mindset, you learn to understand that your role is not about authority or control over others, but rather about guiding and directing the work of others, along with guiding their development. Empowered leadership allows you to approach your work and relationships from a clear, objective space- giving you the best chance for the best outcomes for you, your team, and your organization.

Build Self-Awareness and Self-Compassion

Before you can be compassionate to others, you will need to learn to show yourself the same compassion. Give yourself some room to make mistakes and learn to adjust as you grow.

Build Accountability

Becoming comfortable with accountability also frees you from fears of being seen as incompetent and losing your status, one of the biggest leadership fears people struggle with.

Identify and Work Through Insecurities

Lose the idea that you need to be the best at everything. Know your worth, what you have to offer, and become comfortable in that space.

Communicate

If you find yourself becoming fearful and making assumptions, communicate your feelings. This is hard at first but the more you do it, the easier it becomes. Don't become your own worst enemy by making situations worse than what they may be.